"BEST CITIES FOR WOMEN"

SELF Magazine's annual study "Best Cities for Women 2012" weighs 7,000 bits of data to determine the list of 100 best cities for Women, and these 10 have the best scores of the bunch. SELF polled a panel of nationally recognized, award winning experts to find out which factors most affect a woman's ability to live her healthiest. The panel considered 58 criteria, including rates of disease such as cancer and depression; factors that affect access to health care, such as the percentage of women covered by insurance; environmental and community measures, such as air quality and crime rates; and the prevalence of habits such as exercise, good diet and smoking.

1. San Jose, California

2. Bethesda, Maryland

3. San Francisco, California

4. Santa Barbara, California

SELF Magazine
The Top 10 US
Healthiest Cities for Women
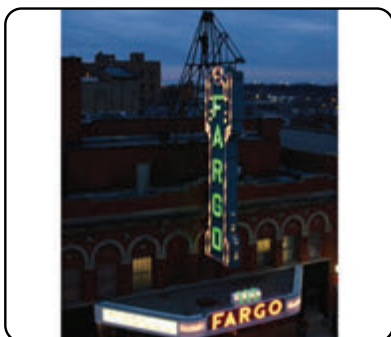
5. Honolulu, Hawaii

7. Minneapolis, Minnesota

6. Santa Ana, California
Women in Santa Ana have the lowest rates of depression in the country.

8. Fargo, North Dakota

9. Portland, Maine

10. Burlington, Vermont